**T-Shirt Slogans**

***Affliction produces endurance***

***Endurance produces character***

***Character produces hope***

***And hope never disappoints*  St. Paul**

**-I’m going to grab my running shoes and run till I can run no more**

**-Good enough Isn’t**

**-Almost doesn’t count**

**-Best way to make dreams come true is to wake up**

**-Don’t stop when you’re tired, Stop when you’re done**

**-Be somebody nobody thought you could be**

**-If it doesn’t challenge you it won’t change you**

**-The most difficult thing is to act. The rest is tenacity**

**-Education is Important, Running is Importanter**

**-Run like you’re the third monkey to get on Noah’s Ark and it’s raining.**

**-Don’t count the days, make the days count**

**-Cross Country, No politics, just hardwork and a stop watch**

**-Dream and Believe**

**-Be a leader, not a follower**

**-Don’t cut the course, cut your time**

**-run eat sleep and compete**

**-running is real and relatively simple but it isn’t easy**

**-train insane or remain the same**