

Coach Doug Snowball 627-5801

10516 Wheelock Rd.

PRACTICE 3:20 - 4:30

Assistant Linda Nicholas

Half - days >>> Right after School for 1 hour

1994

9/11

9/16

9/20

9/22

9/24

9/29

10/3

10/6

10/11

Runner's Name

mile 9/11

2500m

Lane

Northw

Snider Inv

Lane

Hunting.

Jeffer.

Lakeside

1	Marcie Burke		13:49	14:31	13:01	9:43		8:36	13:06	
2	Chele Carney		14:32	16:45	15:25		16:22	11:28	15:13	
3	Natalie Lill	9:45	13:57	14:59	13:24		14:19	11:03	13:24	
4	Stephanie Lockbihler	8:50	absent	13:17	12:48	9:44		9:34	12:25	
5	Emily Powell	10:16	13:41	14:41	13:29		13:57	11:10	14:03	
6	Molly Sanders	6:38	absent	11:30	10:41	8:12	10:48	8:37	10:41	
7	Corina Schey	8:54	13:18	14:36	14:15			10:34	13:19	
8	Lauren Stoner	11:58	20:02	18:10	17:06		18:03		17:47	
9	Laura Vaught	9:13	13:50	13:48	12:56	9:55	13:27	10:25	12:46	
10	Meghan Willibey	10:40	13:30	14:45	13:52		13:37	10:48	13:09	
11	Katie Wirges	9:56	13:39	14:22	13:11		14:07	11:01	14:02	
12	Stef Ybarra	6:30	10:52	10:25	10:06	7:44	10:42	8:36	10:22	
1	Aaron Barton	6:02	9:10	9:52	9:19	7:01	9:28	7:28	9:15	
2	Mark Buchler	8:59	13:28	14:44	13:03			10:26		
3	Tony Carney	7:07	13:40	inj	11:55		12:56	8:55	11:23	
	Ben Davis	7:25	10:25	11:07	10:47			8:40		
5	David Iott	7:34	12:25	12:33	11:13		12:04	9:15	11:43	
6	Frankie Mahlie	7:20	10:56	11:38	11:07	8:47	11:19	8:39	10:46	
7	Justin Mc Guire	6:19	10:17	10:59	10:25	7:59	11:12	8:28	10:24	
8	Nick Mettler	7:39	12:48	13:27	13:17		14:22	11:18	14:09	
9	Andy Meyer		10:56	13:06	12:06		12:44	9:19	11:38	
10	Jon Nawn	9:05	13:38	13:57			14:34	11:34		
11	Ben Norton	7:20	absent	12:30	11:56		12:18	10:03	13:53	
12	David Norton	5:58	9:08	10:17	8:18	6:57				
13	Kyle Norton	7:31	11:29	12:48	11:43		12:07	10:01	11:35	
14	Mike Schmieman	7:36	13:58	16:19	abs				15:39	
15	Andrew Schnelker	7:04	12:48	13:22	12:08		12:35		11:20	
16	Jonathon Siebert	8:36	13:57	14:49	17:10		14:40	11:49	14:14	
17	Eric Shamo	7:41	12:48	13:30	12:45		12:57		13:05	
18	Patrick Smith	7:11	11:03	12:41	10:58	8:42	11:28	8:45	11:12	
19	Bob Snowball	6:44	10:16	11:06	11:05		12:03			
20	Joe Snowball	7:21	11:25	12:28	11:21		11:49	8:45		
21	Jeff Tippmann	7:18	11:48	11:40	11:19		11:18	8:58	11:18	
22	Randy Tippmann	7:28	11:25	12:13	11:12		14:01	9:14	11:11	
23	Kevin Snowball	9:11						11:51		